

# ISA CAMP APPLICATION

Register at [CampSquash.com](http://CampSquash.com) or print clearly

Camper Name

Parent/ Guardian Name

Address

City State Zip

Email

Daytime Phone

Evening Phone

Grade (in Sept.) Date of Birth

Number of Years Played

Experience *circle all that apply*

Varsity J.V. Club JR Tournaments

Abroad Training Camp/Clinic

School/Club

Camp Location

Overnight  Extended Day  Day

Roommate Request

How did you find out about the ISA?

Payment Information: A \$10 Registration Fee is due with your application. Final balances are due by May 15. If you register after May 15, full payment is due with your application.

Full Payment  Deposit \$300

Credit Card # Exp.

Check # Amount (Payment + \$10 Registration Fee)

Cancellation Insurance \$50

On May 15 we will automatically bill your credit card the remaining balance. If you would like to OPT OUT of the auto bill please check this box.

I accept the conditions described online and in the brochure.

Parent's Signature

## Registration Information

Register online at [www.CampSquash.com](http://www.CampSquash.com) or complete the attached application. You may register for any camp with space right up to the start of camp. A \$10 Registration Fee and \$300 Deposit are due with your application. Final balances are due May 15, 2010. If you register after May 15 for a camp with openings, full payment is required.

**Camp Confirmation:** to expedite our customer service we communicate via email. Please provide us with a valid email address and add support@campsquash.com to your safe sender's list to ensure you receive your camp paperwork.

Camper confirmation packets, which have all of the important camp details including check-in and check-out, directions, packing list as well as a health form, are attached to your confirmation email. CampSquash.com also posts these packets under "Download Forms" for reference. Health Forms must be brought with you on the first day of camp. Please do not mail health form ahead of camp.

### Camp Cancellation & Insurance

A camp credit will be issued to any camper who must cancel prior to camp. The credit is transferable to another family member and is good through the 2011 season. Cash refunds are not offered. We offer Cancellation Insurance for \$50 per session, payable when you register. This insurance entitles you to a full refund of camp fees paid if you cancel (for any reason) before June 1st. Please Note: \$50 insurance fee is not refundable and can only be purchased at the time of registration. With Cancellation Insurance, if you cancel after June 1st, we will issue you a camp credit for all camp fees paid, good through the following year. This camp credit is transferable to anyone and may be used for any camp location.

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International Squash Academy

1700 Post Road, Suite D-5  
Fairfield, CT 06824

[www.CampSquash.com](http://www.CampSquash.com)



PLAYERS WELCOME



**2010 CAMPS**

**Boys and Girls**

**Ages 10-18**

**1-800-944-7112**

**CampSquash.com**

## Camp Locations

Please check website for additional locations.  
Call to inquire about multi-week discounts.

### Trinity College, Hartford, CT

See Website Adult Weekend Clinic \$325  
June 26 & 27 Parent/ Child Weekend Clinic \$325  
July 18 - 23 Youth Overnight/ Day Camp  
Overnight \$1245; Extended Day \$1045; Day \$945

Kellner Squash Center has 10 international-size courts, two of which are constructed with three glass walls for easy spectator viewing.

### Lawrenceville School, Lawrenceville, NJ

June 13 - 18 Youth Overnight/ Day Camp  
June 20 - 25 Youth Overnight/ Day Camp  
July 12 - 16 Youth Day Camp  
Overnight \$1265; Extended Day \$1095; Day \$1025

The school's Seman/Lawson Squash Courts features 10 international-size courts.

### Pomfret School, Pomfret, CT

July 25 - 30 Youth Overnight/ Day Camp  
Overnight \$1245; Extended Day \$1045; Day \$945

Corzine Athletic Center has 8 new state-of-the-art international courts

### Taft School, Waterford, CT

August 1 - 6 Youth Overnight/ Day Camp  
Overnight \$1245; Extended Day \$1045; Day \$945

McCullough Athletic Center 8 beautiful, new international courts

## PLAYERS WELCOME

The International Squash Camps were developed to provide junior squash players with an incomparable opportunity to learn from the top coaches and players in the game. Campers will train under a proven core instructional curriculum that is designed to enable each player to reach their potential.

We invite you to join us at camp this summer and become a better squash player.



## Age & Ability Grouping

To maximize growth, each camper will be placed in the appropriate group according to ability, age and the camper's feedback. Adjustments are made throughout camp to suit camper needs. Boys & Girls ages 10 - 18 and all skill levels are welcome.

## Typical Daily Schedule

7:30 a.m.	Breakfast
8:45	Day Campers Arrive
9:00-9:30	Warm-Up
9:30 - 10:00	Demos
10:00 - 12:00	Session I
12:00 - 12:30	Tournament Training
12:15 - 1:00	Lunch
1:00 - 2:00	Free Time/ Swimming
2:00 - 4:15	Session II
4:15 - 5:00	Demos
5:30 - 6:30	Dinner
6:30 - 8:30	Off Court Offerings
8:00- 8:30	Day Campers Depart

800-944-7112

## Staff

**Head Coach Paul Assaiante** is in his 15th year at Trinity and will direct Trinity, Taft & Lawrenceville locations. His men's squash team completed the 2009 season with their 11th consecutive perfect season, extending the nation's longest intercollegiate winning streak in any sport to 202 matches in a row.

Co-Directing these camps will be Trinity College Assistant Coach **Reggie Schonborn**. A South Africa native, Reggie starred for the Bantams for four years before embarking on the pro circuit where he held a world ranking. He is currently earning his Master's Degree at Trinity.

**Pat Cosquer**, Bates College Men's & Women's Head Coach, is the camp director at the Pomfret School. Pat graduated from Bates in 1997, and played varsity baseball and squash all four years. He was team captain and MVP his senior year.

For more on our staff visit [CampSquash.com](http://CampSquash.com)

## Camp Highlights

- ISA Camp T-Shirt
- ISA Camp Hat
- Lanyard & Waterbottle
- Personal Evaluation
- Matches Daily
- NCAA Coaches + Players
- First Class Facilities
- Low Camper to Staff Ratio
- Private Lessons
- Pro Tournament Players



## Training Goals

Our campers will be taught techniques, tactical strategies and the conditioning most important to the game today. Our skill lessons, quick drills and individual sessions give each player the opportunity to maximize their potential. Our low camper to staff ratio allows our instructors the time to give consistent personal feedback. Advanced players who wish to focus on tournament training will have additional court opportunities to concentrate on match play, strategy and mental preparation in a competitive setting.

### Skills

- Grip
- Drops
- Lobs
- Boasts
- Drives
- Backhand
- Overhead
- Swing Mechanics
- Court Movements
- Control of Centre
- Moving Your Opponent
- Forehand
- Rules & Marking
- Serves



“I was really impressed with the coaches. They motivated the campers and were great role models. My son really improved and will be back for two weeks next summer”

~ Parent, Lawrenceville School